

THE EMRC LIFE SAVING RULES



All workers at the EMRC will pledge to uphold the EMRC's fundamental life-saving rules, and we will all commit to hold ourselves and others accountable in achieving a Safety First culture.



Working at Heights

I will ensure I am trained and competent, have a permit to work and have the correct fall protection equipment before undertaking any work at heights.



Hot Works

I will not undertake any hot works activities outside of a designated hot works area without a permit to work.



Mobile/Fixed Plant

I will have the appropriate training and be assessed as competent before operating any mobile/fixed plant unsupervised.



Lifting Operations

I will always follow safe lifting procedures and never walk under a suspended load.



Excavation

I will be trained, competent, have a permit to work and will ensure controls are in place before breaking ground.



Psychosocial Hazards Mental Health

I will be aware of anything that increases the risk of work-related stress.



All Road Going Vehicles

I will have the appropriate training and be assessed as competent before operating any road going vehicles.



Personal Protection Equipment (PPE)

I will inspect and wear the correct item of PPE for the task being undertaken in my workplace.



Energy Isolation

I will obtain a permit to work and ensure isolation of all energy sources before commencing work.